

GROENHARTIG

natuurinclusief

Contract vegetable subscription 2021

Dear local food fan

In this contract we shortly describe what we do and why we do it. If you choose to subscribe we invite you to read this, and fill in the form below.

Method of growing Groenhartig

It is our goal to produce as much high quality vegetables on a small piece of land, without damaging the surrounding ecology, and where possible, actually support it. We solely use natural organic fertilizers, and no synthetic pest-, fungi-, or herbi-cides. The basis of our operation is the soil. We try to feed it, and bring it in to a state of mineral and soil life balance. In turn, this living system feeds the plants and protects it from diseases. The human element consists of mostly smart hand tools and lots of hard work. Everything we grow is locally eaten.

Another important part of our operation is the edible and flowering hedges. We do this for a number of goals, but the primary one is to invite lots of helpful insects and other critters to keep the pests under control and pollinate our veggies. We werken met bloeiende en eetbare hagen en wilde planten om zoveel mogelijk nuttige insecten en andere dieren huisvesting en voedsel te bieden om de schadelijke beestjes in bedwang te houden.

We also work with other nature inclusive growers in and around Amsterdam that provide products for the vegetable boxes. This ensures a large variety during the whole growing season.

We don't have an organic certification, because we think we don't need this for a direct farmer to consumer connection. You are always welcome to come and have a look. In that way you will be our certification.

Vegetable boxes

The vegetable box consists of a weekly selection vegetables, herbs, salads, microgreens and fruit. The majority of which is grown by us at one of our plots in the West of Amsterdam. We also work with a few small scale farmers in the vicinity that supply their ecologically grown produce. We always aim for a well rounded selection depending on the seasonal availability, both well known, and more obscure culinary crops. We share the content of the that weeks box in our newsletter, accompanied by some tips and tricks on what to do with some of the contents.

The duration of the subscription is 30 weeks and will start **in week 18** (First week of May) until **week 48** (The fourth week of November). You can choose to pick up the box on the farm, or at one of the pickup points in the city. The pickup days are on Tuesday and Friday (3 pickup points on either day)

We have a whatsappgroup that we will invite you for when you register in which we let you know when we delivered the boxes at the respective point. The boxes can be collected on the same day (always

the best option) and the next day. After the second day the pickup point get's to do with it as they please. Of course you can always call them and arrange something.

You can choose from the next options.

- Medium box**
 - This box will contain enough vegetables for around 3 to 4 meals for 2 people or roughly enough for 1 person for the whole week.
 - €€675,- (€22,50/week)

- Large box**
 - This box will be for about 4 to 5 meals for a small family (about 1,5 times the size of the medium box)
 - €990- (33,- /week)

- Pickup on the farm (30,- discount)
- Pickup at one of the locations in the city

SchuurmanOomkensGrassotti / Scandinavian Embassy / Thúskomme
Café Modern, The Fento Kitchen, Restaurant Entrepot

More info on pickup points and respective pickup days on the website:

<https://groen-hartig.nl/afhaalpunten>

Payment:

- I would like to pay everything in one go (which helps us with upfront investments)
- I would like to pay in 3 equal downpayments

Name:

Address:

Postcode:

Place of residence:

E-mailaddress:

Phone number:

With your signature you confirm your membership as outlined above in this agreement. (only required when paying in installments. We don't share your data with anyone.

Signed at: on: / / 2021

Signature customer